FLU IN MEXICO PAST ITS PEAK: MINISTER, PG7







Hospital hopes to reopen shut unit this week

QUARANTINE The Children's Hospital of Eastern Ontario is hoping to be able to reopen a quarantined unit sometime this week after an outbreak of the rotavirus infected six patients and may have contributed to the death of one infant, a hospital spokesperson said.

According to spokesperson Marie Belanger, no new cases have been reported and the six patients are on the mend.

The rotavirus is a highly contagious virus that affects children under five years old. The virus causes episodes of vomiting and diarrhea, with symptoms lasting up to nine days.

Belanger said they are doing a thorough disinfection on the units.

"We have to be very cautious and very clean with everything that we do so we don't spread it," she said.



Friends Erica Vettore, Kate Grant and Kiana Kadivar, left to right, warm up before the Bell Walk for Kids Help Phone at Vincent Massey Park yesterday. About 650 people raised \$110,000 for the cause. Story, pg. 3.

Celebrity Buzz pg 14



Adoption appeal today

Workology pg 12



Saving lives in search, rescue

Entertainment pg 13

Operatic pop with Il Divo

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Mayor O'Brien's trial set to begin today

Case could have major implications for Canadian politics: Prof

TIM WIECLAWSKI

Mayor Larry O'Brien's trial for influence peddling and negotiating a public appointment could have implications beyond the city or even the country, according to an associate professor at the University of Ottawa's Faculty of Law.

This has the real potential to damage not only Ottawa's reputation as squeaky-clean, boring city, but also Canada's international reputation as a model for clean politics and a model for strong conflict of interest and anti-corruption measures," said Adam Dodek, whose areas of research include public law, the legal profession and legal ethics. O'Brien's trial begins toat the downtown courthouse

The Ontario Provincial Police charged him in December 2007 after a ninemonth investigation.

The charges stem from allegations from former mayoral candidate Terry Kilrea that O'Brien offered to help get him appointed to the National Parole Board, if Kilrea withdrew from the race.

O'Brien, who started an unpaid leave of absence from city hall on Friday, has always maintained his innocence.

"I built my business on honesty and hard work and I entered politics the same way," O'Brien said. "I am relieved this will finally be be"I am relieved this will finally be before the courts and I look forward to coming back to prepare for the fall agenda."

Mayor Larry O'Brien

fore the courts and I look forward to coming back to prepare for the fall agenda.'

O'Brien has had a whirlwind 28 months as mayor that included the cancella-tion and re-launching of the city's rapid transit plan, a 52-day transit strike, divisive budget debates, the most significant restructur-ing of the city bureaucracy since amalgamation and most recently, a plan to redevelop Lansdowne Park.

A guilty verdict would have profound implica-tions for O'Brien, Ottawa and the rest of the country, said Dodek. "I'm not sure the last time a sitting mayor of a major city was convicted of any sort of serious criminal offence. I think you'd have to go back a while," he said. "It could be (a) significant stain on Ottawa's reputation and on Canada's reputation.

O'Brien's case has already garnered international attention. The Economist, a U.K.-based global magazine, mentioned O'Brien's case in a story about Canada's seeming indifference to allegations of corruption and white-collar crime.

Tulip fest on way to be 'wildly successful'

TRACEY TONG

BLOOMIN' Favourable weather conditions contributed to a strong first weekend for the Canadian Tulip Festival, leading organizers to expect one of its best years ever.

Tens of thousands of people flocked to four locations for the Canadian Tulip Festival over the weekend, taking in the sights, enjoying shows and food, and of course, checking out the tulips.

If this first weekend is any indication, this year will see the biggest and best Canadian Tulip Festival ever, said Connor McGuire, spokesman for the Canadian Tulip Festival, yesterday. "This tulip festival will be wildly successful above all other vears.

This year, the International Pavilion was moved to Lansdowne Park and the Mirror Tent to Festival Plaza at city hall to allow more space for attractions, including the popular circus school, at

Major's Hill Park. While the Nanjing Acrobatic Troupe sold out or nearly sold out for every performance at city hall, the International Pavilion had over 5,000 attendees in the first two days, said McGuire.

For Ottawa resident Brenna Cook, the pavilion is the highlight of the fes-

"I enjoy it because it's fun to see the different cultures and the breadth of people in Canada," said the Wilfrid Laurier University student.

Över at Dow's Lake. thousands of people came out to check out the tulips.

"The tulips aren't 100 per cent right now, but they're starting to look really beautiful," said McGuire.

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An off-dury Ottawa police officer suffered minor injuries after being assaulted by several males while walking near Sandalwood Park Friday. After an investigation by the guns and gangs unit, police charged two males, one of whom is a youth, with robbery, assault, aggravated assault and threats. METRO OTTAWA

Local



Workshops all about uke

The ukulele was the star of several workshops at the Canadian Museum of Civilization over the weekend. The music educators' workshop and the build your own ukelele workshop were presented in partnership with BC Scene and the Ottawa Folk Festival.

Walk powers kids' help line

"Kids are dealing

with some pretty

heavy stuff. The

severe."

TRACEY TONG tracey.tong@metronews.ca

Between facing up to bullies, parental abuse and learning how to deal with peer pressure in regards to drugs and sexual issues, growing up can be tough, said Ottawa resident Gillian Langland.

A student ambassador for Kids Help Phone, Lang-land has lots of friends who have used Kids Help Phone in the past.

"Kids are dealing with some pretty heavy stuff," said the 18-year-old volun-"The problems that you don't hear about are the ones that are the most severe. But you can't tell someone about it if vou

don't know the service is there." That's why it's so important to spread the word, she said.

Yesterday, Vincent Massey Park, about 650 people did just that as did took problems you don't thev part in the hear about are the Bell Walk for Kids, raising \$110,000.

That's down from the local goal Help Phone volunteer of \$150,000.

but 2009 walk chair Sandy Clement said the walk still managed to meet its goal of \$3 million nationwide, and that organizers are still thrilled with the total. More donations are expected to come in later this week, she said.

While every donation

counts — "whether it's \$5 or \$5,000" Langland said all the money raised makes a difference Help Kids ones that are most Phone. But more importantly, the Gillian Langland, Kids raises walk awareness of

the service. Kids Help Phone, which turns 20 this year, is a tollfree, anonymous and confidential phone and online counselling and information service for youth.

'But it's not so much a service as someone lending an ear," said Langland.

The amount raised at the event makes up 30 per cent of Kids Help Phone's annual budget. In 2008, Kids Help Phone connected with 2.2 million kids, with 102.000 of those calls coming from Ottawa, said Ottawa-West Nepean MPP Jim Watson.

Seventy-five per cent of kids that phone in are from "solid, stable famisaid Kids Help Phone manager of chapter development Clare Wittmann, but they're dealing with a crisis in their lives maybe illness, or the loss of friends and family."

'It's a very good cause,' said participant Chris Gage.

Lansdowne Park Sharing culture



Dancers from the Ottawa Chinese-Canadian Heritage Centre Troupe perform yesterday at the International Pavilion in its new location at Lansdowne Park.

Patients, friends, families cycle for cancer aid

TIM WIECLAWSKI tim.wieclawski@metronews.ca

Five-year-old Isla MacIntosh didn't ride the 70-kilometre course yesterday in the CN Cycle for CHEO.

And she wasn't a member of the top fundraising corporate team from Nortel that raised \$45,180

But Isla did do the fivekilometre walk, which is pretty good after 11 months of treatment for acute lymphoblastic leukemia, including eight rounds of radiation and five hospital admissions.

"The walk was fantastic," said her mother, Gillian MacIntosh.

"She walked almost the whole the way and a bunch of her school



Sylvie D'Aoust, the owner and manager of CycleFit spinning studio, finishes the CN Cycle for CHEO yesterday at the Nortel Campus on Moodie Drive.

friends came out to join her and her whole family" Isla was one of three

2009 McDonald's Dream Team members who took part in the CN for Cycle events yesterday around the Nortel Campus.

More than 5,000 cyclists, in-line skaters, walkers and corporate sponsors raised \$564,453 for the CHEO Foundation, Candlelighters and Ronald Mc-Donald House, which helps children and families affected by cancer.

"Today's result ... is a testament to the dedication of the people in our community who participate, pledge and volunteer to show their solidarity with the families who have been so affected by childhood cancer," said Kevin Keohane, VP Development and Corporate Relations, CHEO Foundation.

"They are the ones who make it happen and we can't thank them enough."

News in brief

PLAYGROUND Ottawa Community Housing and the City of Ottawa will reveal the renewed Russell Heights play structure in a special ceremony this afternoon Youths participating in a No Communities Left Behind project took photos of their community as seen through their eyes, securing funding for the structure. TOURS Starting May 6, the Diefenbunker is offering Wednesday night tours at 7 p.m. The bunker in Carp, which is in the middle of its \$1.5 million fundraising project, is expected to increase its visitor capacity to 500 in less than two vears. METRO OTTAWA

metr@news.ca What's online today

Video Michael Ignatieff uses his convention speech to drop the gauntlet with Harper at metronews.ca



& 34. Bonus 3 Saturday, May 2: Lotto 6/49: 8, 15, 17, 22, 30 &

40. Bonus 11 Sunday, May 3: Ontario Pick 3: 5 3 2; Ontario Pick 4:6278 Encore: 2779036; Daily Keno: 1, 2, 4, 8, 14, 22, 25, 28, 30, 32,

34, 36, 44, 46, 51, 52, 53, 56, 66, 67 These results are not official.

Homelessness fundraiser brings in \$11K

MJ DESCHAMPS for Metro Ottawa

The Multifaith Housing Initiative's charity walk surpassed its fundraising goal during yesterday's event at Dow's Lake, bringing in over \$11,500 to aid in helping Ottawa's homeless.

The charity will use the money to work towards providing affordable housing for low-income house-

The annual Tulipathon has been run through the Ottawa Muslim Association since 1997, but this is the first year in which the MHI has taken the reins.

Imam Khaled Alazhary of the Ottawa Mosque was there to help kick off the event yesterday.

He said that at the core of every religion is the idea to help serve the community and help the needy.

John Courtneidge is an outreach and policy work-er with the non-profit organization Canada Without Poverty.

He said with the recent recession and the growing costs of living in Canada, more individuals and families are finding themselves closer to homelessness.

"In Ottawa, we seem to be managing homeless-ness instead of dealing with it," said Terrie Meehan from the Alliance to End Homelessness.

Courtneidge said he believes it is up to the government to seriously look at a way to reduce poverty.

"There isn't any political will to sort out the problem (of homelessness), but poverty is political," said.

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Safety campaign underway

The National Capital Commission, the RCMP and Quebec police launched "Share the Road," a new safety and awareness campaign for the parkways in Gatineau Park, over the weekend. METRO OTTAWA

Women's show a perfect 'girls' day out'

TRACEY TONG

Between school at the University of Toronto and a part-time summer job, Amanda Peach "can't seem to find time" for herself.

But vesterday, the Ottawa resident happily sampled fruit juices, snacked on cheese and crackers,

picked up a new pair of earrings, some hot sauce for her fiancé, and admired some new purses.

"It feels good to take time for myself," she said. An estimated 20,000 peo-

ple attended the 7th annual Ottawa National Women's Show at Lansdowne Park over the weekend, said Sofie Friscic with National Event Management.

"We're branding this event as the ultimate girls' day out," said Friscic.

"This is a day when

women can leave the boys at home and come out and shop and taste and try products before they buy. They can have a 10-minute manicure or a 10-minute massage.

While the fashion shows were a huge draw — speakers taught women tips and

tricks for dressing for their body shape — the work-shops and cooking demonstrations were all well attended, said Friscic. Exhibits ranged from household gadgets to clothing and accessories to beauty products.

Visitors weren't the only ones happy with the week-end event. Vendors said despite worldwide recession, sales were brisk.



Vasanti cosmetics company owner Pinki Gosal, right, applies eyeshadow to Ottawa resident Kim Stanzel at the National Women's Show at Lansdowne Park yesterday.

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News in brie

ROYAL GIFT The RCMP is presenting Queen Elizabeth II with a police service horse at the Windsor Castle Royal Tattoo on May 16. The eight-yearold gelding, which presently

lives at the RCMP stables in Ottawa, was named after the Queen's grandfather and will become the fourth RCMP horse to be given residency at the Royal Mews. METRO OTTA

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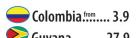


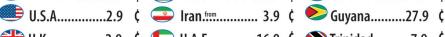


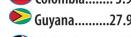


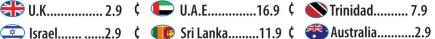














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Liberals ahead, but Canadians prefer Harper: Poll

Canadians are ranking the Liberals ahead of the Conservatives in popularity but favour the Tories' Stephen Harper over Liberal Leader Michael Ignatieff as the best prime minister, a new poll shows. The survey of 1,001 adult Canadians by Nanos Research was taken last week. TORSTAR NEWS SERVICE

Canada



Harper denies Bloc alliance rumours

Prime Minister Stephen Harper has dismissed reports that he was contemplating a deal with the separatist Bloc Québécois to keep his minority Conservative government in pow er. Speculation is mounting that the opposition Liberals, who are riding high in the polls, could try to bring Harper down later this year. Some newspapers and commentators are now raising the prospect of a Harper deal with the Bloc.

Traveller brought flu, officials say

6

HEALTH A traveller carried the new H1N1 virus from Mexico to Canada, infecting his family and a herd of swine, Canadian health officials said Saturday.

The Canadian Food Inspection Agency stressed the incident posed no threat to the food supply.

It said the herd in Alberta apparently caught the virus from a carpenter who traveled to Mexico, the epicentre of a swine flu outbreak that has spread to 18 countries and may have killed more than 100 people. "A Canadian carpenter who had been in Mexico, upon return, was exhibiting flu-like symptoms, did work on the Alberta farm, and subsequently the family and swine on the farm became ill," the U.S. Department of Agriculture said. REUTERS

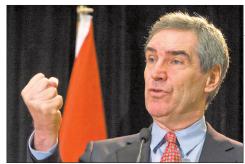
Feel change: Iggy Grits want standard

Liberal convention confirms leadership

Newly minted Liberal Leader Michael Ignatieff said Saturday that Canadi-ans wanted change but he did not signal when he might try to force the minority Conservative government into an elec-

Ignatieff, who had led Canada's main opposition party on an interim basis since late last year, was elected as permanent leader at a convention in Vancouver that organizers said showed it had rebounded from last year's stinging election defeat.

The former Harvard academic who returned to Canada in 2005 after nearly three decades abroad accused Harper of practicing the politics of division in a



Newly elected Liberal Leader Michael Ignatieff talks to the press following the Federal Liberal Party Biennial Convention in Vancouver yesterday.

bid to remain in power.

"You can feel a longing for change sweeping across the land," Ignatieff said in his acceptance

speech, which was preceded by a video that showed several images of him talking with U.S. President Barack Obama. REUTERS

established for EI

POLITICS Liberal Leader Michael Ignatieff said yesterday his party was ready to force changes in unemployment aid to deal with the growing recession.

Ignatieff said with un-employment rising across the country, Canada needed to enact a national standard for when the newly jobless workers qualify to receive Employment Insurance.

The Liberals will propose temporary changes to the current system, which varies qualification stan-dards based on which province or community a workers lives in, Ignatieff said.

Ignatieff denied he planned to use the issue to jam" the minority Conser-

"If the government will work with me, then we'll get it done. If they won't, then we'll have to have an election."

Liberal Leader Michael Ignatieff

The Liberal leader added: "If the government will work with me, then we'll get it done. If they won't, then we'll have to have an

A spokesman for Prime Minister Stephen Harper said he could not comment on the plan since he had not seen the specifics.

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Charges laid on alleged hijacker

CRIME The Jamaican man who tried to hijack a Canadian charter aircraft in Montego Bay last month has been charged with robbery, assault and other offences, police said Friday.

Stephen Fray, 21, is accused of holding passen-gers and crew captive aboard a CanJet flight at Donald Sangster International Airport in the resort

Accusations

 Police accused Stephen Fray of using a .38-calibre revolver to seize the Boeing 737-800 jet and take more than 180 passengers and crew hostage on April 19. Authorities said he initially demanded to be flown

city on April 19.

Police said Fray had been charged with assault, robbery with aggravation, ille-

gal possession of a firearm, illegal possession of ammunition and shooting with intent.

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Iraqi forces backed by U.S. troops have arrested a U.S.-allied Sunni Arab militia leader, Iraqi and U.S. officials said yesterday. Nadhim al-Jubouri, leader of a government-backed local militia and a religious leader in the town of Dhuluiya, and his two brothers were seized. REUTERS

7

World



Italian PM's wife seeking split

Prime Minister Silvio Berlusconi's wife wants a divorce, Italian media reported yesterday, just days after she publicly criticized his party's selection of pretty young women to run in European elections. "I have been forced to take this step, I don't want to add anything else," La Stampa newspaper quoted Berlusconi's wife Veronica, 52, as saying.

Flu's worst is over: Mexico

Mexico's flu epidemic has passed its peak, the Mexican government said yesterday, and experts said the new H1N1 virus still could impact world health but may be no more severe than normal flu.

Mexican Health Minister Jose Angel Cordova warned, however, it was too early for Mexico — the epicentre of an outbreak that has spread to 19 countries — to let down its guard.

Cordova said the outbreak of H1N1 flu appeared to have peaked in Mexico between April 23 and 28 and fewer people had admitted themselves to hospitals with serious flu symptoms in the past

few days.

After days of alarm and a partial shutdown of the economy, the atmosphere in Mexico's capital appeared more relaxed yesterday, with some people venturing outside. Many no longer wore masks.

As testing improves, Mexican authorities have scaled back their estimate of how many people could have died from the flu strain to over 100, down from 176.

Only 19 deaths in Mexico are confirmed as being caused by this flu. But new cases of the virus still were being tracked across the world, keeping alive fears of the threat of a pandemic.

India The whole world smiles with you



Members of laughter clubs attend a laughter session during World Laughter Day celebrations in the northern Indian city of Chandigarh yesterday. Hundreds of people, who believe that laughter is the best medicine for a healthy life, took part in the laughter celebrations.

Iran slams U.S. amid nuclear ban talks

UNITED NATIONS Iran has attacked the United States ahead of a major meeting on the troubled global anti-nuclear arms treaty, slamming U.S. cooperation with Israel and India.

Documents prepared by Iran show Tehran is redoubling efforts to draw attention away from its own nuclear program by turning the spotlight on the U.S. for what it says are breaches of the 1970 Non-Proliferation Treaty, Western diplomats say.

The signatories of the 1970 NPT, which is aimed at halting the spread of nuclear arms and asks those with arsenals move to get rid of them, gather today to prepare for a major summit in 2010 that many countries hope will result in an overhaul of the landmark treaty.



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Comment & Views

Comment

The highest form of life



n the past two weeks
I've received a couple
of email messages
from a reader who is
deeply concerned that
this column tends to be
full of foolishness and frivolity punctuated with
rantings about my problems with squirrels. He
can't see any possible excuse for this.

I could answer ... um ... well you see, it's a humour column ... but instead, I've decided to embrace the wisdom of this concern and tackle something serious. So, today we will discuss life, karma, reincarnation, the weather in Cal-

gary and how, unfortunately, as with everything, it all comes back to squirrels.

It is a generally-held belief that human beings are the highest, wisest, most intelligent form of life. We think this in spite of men's Speedos, strip malls, credit card debt and our continual willingness to date the wrong people if they have a really good cable TV pack-

But sometimes being a human being is not all that great. For instance, we want things. Generally what we want is pretty reasonable: Parking downtown for less than \$12

per minute; chocolate not to

be fattening; or,

for those living in Calgary, for it not to be –200 C and snowing in May. We want Coach to be voted off Survivor because the man is annoying beyond belief and it's just time.

OK, maybe not all of us want that. But the fact is, often we don't get what we want.

I think, in

fact, that if you live life well as a human, there can be no greater reward than getting to come back

as what is really the highest form of life; a squirrel. Specifically the black squirel that reigns over

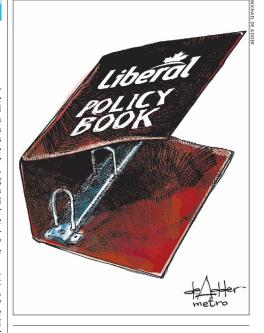
my backyard.

As I sit inside

working, the black squirrel is stretched out on the fence, warming his naked tummy in the afternoon sunshine. Later, I will rush about getting groceries and paying bills and the black squirrel will happily pilfer my flower bulbs, then spend the evening romping and frolicking in the treetops. I can't recall the last time I romped or frolicked, let alone warmed my naked anything. I will, however, pay a large bill today to have said treetops trimmed.

So, being a squirrel. Good. Being human, not so good. Unless, of course, we accept that we simply don't always get what we want. Which is what I hope for. Particularly for the reader who wanted me to be serious.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



Worth mentioning

Fraud fears as Afghan men get women's vote cards

ELECTION Afghan men are illegally collecting voter cards in the names of women, raising worries about fraud in the upcoming presidential election, the head of Afghanistan's human rights commission said yesterday.

In Logar province, which borders Kabul, nearly three-quarters of those who registered as voters were

women, suspiciously high ratio, said Sima Samar, chairwoman of the Afghan Independ-

ent Human Rights Commission.

"The men are just bringing the names of a woman and getting registration

cards on their behalf and that is why I can say there is a possibility of fraud," Samar told a news conference in the Afghan capital.

The Aug. 20 presidential election, in which incumbent Hamid Karzai looks

the strongest candidate,

is seen as a litmus test of the success of nearly a decade of international interven-

tional intervention in Afghanistan.

Suspiciously
high levels of female registration,
in areas where
women are often reluctant to travel,
has also been noted

in Paktika, Paktia and Khost provinces, as well as across parts of the south, Samar said.

Views

Drivers confused by preference for bus

InTransit



I have been a transit rider for nearly my entire life.

Some of my first childhood memories involve riding downtown with my mom on the bus, waiting in anticipation to pull the cord for our stop and hear the "bing." Maybe it was because we were usually going to meet my dad at his office, or because — at the age of four — taking the bus seemed like a big adventure, but for some reason I always loved those trips.

The excitement of riding the bus, and ringing for my stop, has certainly faded over the years, but my appreciation for reliable, safe, accessible transportation around the city has grown substantially.

There is nothing glamorous about riding the bus, but having lived in six Canadian cities now, where transit was my main mode of travel I can honestly say that relying on public transportation is not nearly as awful as some of my more carreliant acquaintances think.

Many times I have been met with looks of surprise or disbelieving laughs when I say, "I prefer to take the bus."

the bus."
Since moving to Ottawa nearly five years ago, the bus has become such a part of my regular routine that it almost seems strange on the rare occasions I catch a ride with someone or hop

I hadn't thought much about how much a part of

"Sure there are frustrations with the busriding lifestyle in Ottawa, like rude passengers, late bus arrivals or these flimsy new over-sized and tissue paper-like tickets, but all in all most days it's — dare I say — an enjoyable ride."

my life the bus had really become until—like tens of thousands of other Ottawans—the winter transit strike took away my transportation.

As much as riding the bus is a necessity for many people, it is also a choice. Whether it's because of an inability to drive or own a car, environmental reasons, economic factors or something else, when we as riders make the decision to ride the bus, it gives us independence, freedom and, on most days, a relatively stress-free way to get from point A to point B.

Sure there are frustrations with the bus-riding lifestyle in Ottawa, like rude passengers, late bus arrivals or these flimsy new over-sized and tissue paper-like tickets, but all in all most days it's —dare I say — an enjoyable ride. Or at the very least a fascinating way to observe the city and the people who live here.

It's why I look so forward to getting the chance to write about it in this column.

Lifelong transit rider Kim Mannix Vermette has lived in Ottawa for almost five years. She actually enjoys taking the bus.

Metro Online Poll Results



Are you putting loyalties aside to cheer for the Canucks?

Veigh in on today's question at metronews.



It's your turn to tell others what you think. Email your thoughts and opinions to: ottawaletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

If you drive to work, commit to carpooling or taking public transit one day a week. Each time you carpool, you'll keep 2.5 kilograms of greenhouse gases from billowing into the atmosphere (assuming an average 16-km round-trip commute). When you take a bus, you'll avoid 4.5 kilograms, according to WWF-Canada.

Going Green

Women are chief 'CEOs'

Canadian women are leading the way. A recent TD Friends of the Environment Foundation CEO poll reveals that 52 per cent of women are the chief environment officer or "CEO" of their household, compared to 36 per cent of men. Interestingly, the survey found children are the No. 1 influence on environmental behaviour.

METRO NEWS SERVICES METRO NEWS SERVICES

Science still remains relevant

EarthTones



recent article in the U.K.'s Sunday Times expressed the views of Vin-∖od Khosla, a major investor in green technology and an adviser to U.S. President Barack Obama and former British prime minister Tony Blair, who said, "We don't need to use less energy. We need to find new solutions.

This optimism is shared by many Canadians and

Americans, a steadfast be-lief in the technology bailout. It is a convenient belief. No need to commit to a new lifestyle, just wait for technology to fix it. But make no mistake, it is a dangerous belief.

The irony is that in societies most committed to this belief, there is waning commitment to science. Consider the gutting of basic research by the Bush administration and the frequent expressions of mistrust of science when Bush explained his stance on climate change. Even with a new administration, the systematic unravelling of the science infrastructure in the U.S. over eight years will knee-cap the innovative advantage that U.S. scientists have enjoyed for decades.

afield as the U.S.? Consider the Harper government's stance on funding for applied versus fundamental science, a dismal understanding of science and the essential role of basic research in generating innovative ideas. Of course, this is a government that

Bob McDonald, host of CBC's Quirks & Quarks.

that it appointed as science minister a man who does not understand or openly accept the central tenet of biology.

History is replete with examples of societies that embraced, then abandoned

math and natsciural ence. In

course of the Ottomans. We are simply losing interest. Apart from Bob McDonald of Quirks and Quarks, Bill Nye the Science Guy, and Val Kilmer in Weird Science, we're not much interested in scientists. Frankly, we find them a little creepy. And scientists are

Ottoman Empire, scientists

made tremendous contri-

butions from the late 13th

through the 17th century,

particularly in physics, math, and astronomy.

But science and innova-

We seem to be on the

tion later fizzled, and so

went the empire.

not always good at explaining the relevance of their research, particularly when pressed on the "application."

What are points? First, faith in technology to save our environment is mislaid. We're looking for the 11th-hour technological fix when we should focus on changing behaviour. Second, to the

extent that technology could help, our withdrawal of interest and support from science makes this less likely. Like societies before, we are forfeiting leadership in innovation, an impediment to any creative solutions. Third, there should have been a Weird Science sequel. Finally, we need to better engage, scientists and society at large. It must be recognized that science is still relevant. Scientists have to be better at convey-

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.

ing that message.



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Petro-Canada mounted search for buyer in early '08: Statement

Petro-Canada worked behind the scenes to find a buyer through all of 2008 while major investors launched campaigns urging action to boost a chronically weak stock price, according to the circular for its takeover by Suncor Energy Inc. REUTERS

Business



Financial sector to shrink: Obama

The financial sector will make up a smaller part of the U.S. economy in the future as new regulations clamp down on "massive risk-taking," U.S. President Barack Obama said in an interview published Saturday. "What I think will change, what I think was an aberration, was a situation where corporate profits in the financial sector were such a heavy part of our overall profitability," he told the New York Times Magazine.

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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KNOW WHAT TO DO TO FIGHT THE FLU



The H1N1 flu virus (human swine flu) is a respiratory illness that causes symptoms similar to those of the seasonal flu (fever, cough, runny nose, sore throat, body aches, fatigue and lack of appetite).

All strains of flu can be dangerous; however, good infection prevention measures can help protect you and others if this virus begins to spread rapidly in Canada.

- Wash your hands often and thoroughly in warm, soapy water or use hand sanitizer
- > Cough and sneeze in your arm, not your hand
- Keep common surfaces and items clean and disinfected
- > Stay home if you're sick, unless directed to seek medical care

KNOWLEDGE IS YOUR BEST DEFENCE

For more information on flu prevention, visit

www.fightflu.ca or call 1-800-454-8302

Public Health Agency of Canada

Agence de la santé publique du Canada

Canadä

Carrier offers deal on fares

Air Canada promises lowest price for same flight, class

Air Canada is rolling out a "Lowest Fare Guarantee" that it says will make the airline the "first and last stop" for anyone seeking the best possible airfare — on Air Canada.

In a move that could only make sense in the Byzantine world of airline pricing, the carrier said Friday that it will guarantee that customers purchasing an Air Canada ticket won't find a cheaper price for the same flight and fare class within 24 hours of booking.

The guarantee applies to domestic and U.S. fares sold on the company's Canadian website, through a travel agent or a third-party website such as Expedia.ca.

If a cheaper fare is found, customers are entitled to the difference and a \$50 credit toward their next Air Canada flight.

"With the state of the economy and a very com-

"We want to be sure customers know that we can be their first and last stop for the most economical fare."

Peter Fitzpatrick, airline spokesperson

petitive market, we want to be sure our customers know that we can be their first and last stop for the most economical fare," said airline spokesperson Peter Fitzpatrick.

Air Canada's lowest fare guarantee is not to be confused with low price guarantees offered by some big box retailers that actually match their competitors' prices. Nor is Air Canada promising to notify passengers holding tickets if the advertised fare price drops. TORSTAR NEWS SERVICE

Market may push higher

STOCKS "Sell in May and go away" is an old adage that may not apply this year as the Toronto Stock Exchange looks to build on the seven-week rally that emerged from the wreckage of last year's vicious downturn

Even as fears build that a new flu strain will escalate into a global pandemic — a potential stumbling block for investor confidence — there are clear signs that the market could hold its recent gains and even push higher this summer.

In recent weeks the global banking system appears to have been stabilizing, while so-called "green shoots" of positive, or at least less negative, eco-

"The optimism is definitely shifting in the market."

Lex Kerkovius, analyst

nomic data have sprouted. The latest corporate results, albeit well down from last year, are managing to top deeply pessimistic forecasts.

"People are, in general, starting to look through the bottom here. They're starting to see things are not getting worse," said Lex Kerkovius, senior research analyst at McLean & Partners Wealth Management Ltd. "The optimism is definitely shifting in the market."

Business in brief

BERKSHIRE Warren Buffett criticized the U.S. government's stress tests of 19 large U.S. banks for failing to account for strengths in lenders' business models, and said he would buy more shares of three big banks in the portfolio of his Berkshire Hathaway Inc.

Carl Crawford had a major-league record six stolen bases, as the Tampa Bay Rays edged the Boston Red Sox 5-3 yesterday. Crawford's six steals tie a modern-day record. METRO NEWS SERVICES metro

Sports



Canadian champ wins Derby

The bay gelding, who won last year's Sovereign Award as the top two-year-old in ca's most prestigious race.

Ducks win in triple OT | Canadians remain

2009 Playoffs

Todd Marchant scored 75 seconds into the third overtime period, as the Anaheim Ducks clipped the Detroit Red Wings 4-3 in Game 2 of this Western Conference semifinal series in Detroit.

Marchant carried the puck across the blue-line, came down the left wing and fired a quick wrister labeled for the top right corner of the net and over the glove of Chris Osgood.

Ryan Getzlaf registered a goal and two assists for the eighth-seeded Ducks, who return home for Game 3 tomorrow with this best-ofseven set tied at a game apiece. Chris Pronger and Ryan Carter also lit the lamp, while Corey Perry picked up two helpers.

Detroit was relentless on the offensive attack and hounded Jonas Hiller, but he was magnificent between the pipes, especially beyond regulation. Hiller turned aside all 29 shots after the third period and finished the contest with 59

Mikael Brad Stuart, Samuelsson and Johan Franzen each had a goal for second-seeded Red Wings, who had not lost in the post-season since Game



Detroit Red Wings goalie Chris Osgood watches the puck head into the net for the game-winning goal scored by Anaheim Duck Todd Marchant yesterday. The win evened the series at 1-1.

5 of last year's Stanley Cup

Osgood stopped 42-of-46 shots in the loss.

Hurricanes 3, Bruins 0

Cam Ward made 36 stops for his fourth career playoff shutout to help the Carolina Hurricanes take a 3-0 win over the Boston Bruins in Game 2 of the Eastern Conference semifinals in Boston yesterday.

Eric Staal had a goal and an assist while Joe Corvo

and Matt Cullen each lit the lamp for the Hurricanes, who evened this best-ofseven series at a game apiece.

"We held on, even though we sat back a little in the third," said Ward. "But we worked hard tonight and some of the bounces went our way and we scratched out a win "

Tim Thomas gave up two goals on 24 shots for the Bruins, who lost for the first time in the playoffs after

having swept the Canadiens in the opening series and winning Game 1 on Friday.

The series heads back to Raleigh for the next two games with Game 3 scheduled for Wednesday. Boston poured it on in

the third period in an attempt to get back into the contest.

Ward, though, was outstanding during one sequence of events as he made several nice saves.

METRO NEWS SERVICES

unbeaten at IIHF

IIHF Drew Doughty registered a goal and two assists, as Canada took down Norway 5-1 at the 2009 IIHF World Hockey Championship.

Dan Steven Stakes, Jason Spezza Hambuis. and Matthew Lombardi also picked up a goal apiece for the Canadians, who remain unbeaten through four games in the qualification round and sit atop the Group F standings with 12 points. Team Canada plays Finland today.

Chris Mason stopped 29 shots for the win.

Mats Zuccarello Aasen provided the only tally for Norway, which has been eliminated from contention for the quarterfinals. Andre Lysenstoen was lifted after he was victimized four times on 20

shots. Pal Grotnes made 26 saves the rest of the way.

At Bern, Linus Omark posted a goal and an assist, as Sweden topped Switzerland, 4-1, in Group E play.

Johnny Oduya, Johan Harju and Johan Anders-son also lit the lamp for the Swedes, who are one of three teams with seven points. Jonas Gustavsson made 24 saves in the win.

Romano Lemm tallied for the host Swiss, who are fifth in the standings, three points behind Team USA, Latvia and Sweden. Martin Gerber gave up four goals on 29 shots in the

Only the top four teams from each of the two qualification groups qualify for single-elimination quarter-finals.

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SCOREBOARD

YESTERDAY'S RESULTS

Carolina 3 Boston o **TODAY'S GAME** Pittsburgh at Washington

YESTERDAY'S RESULTS

Orlando at Boston Houston at L.A. Lakers YESTERDAY'S AL RESULTS

Toronto 4 Baltimore 3 Detroit 3 Cleveland 1 Kansas City 7 Minnesota 5 Seattle 8 Oakland 7 (15 ings) Tampa Bay 5 Boston 3 Chicago White Sox at Texas N L.A. Angels at New York (ppd.

YESTERDAY'S NL RESULTS
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Cincinnati 5 Pittsburgh 0
Houston 7 Atlanta 5
LA. Dodgers 7 San Diego 3
Milwaukee 4 Arizona 3
San Francisco 1 Colorado 0 (10
inos) ings) N.Y. Mets at Philadelphia (ppd.,

in) . Louis at Washington (ppd., rain)



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Metro Workology exclusive: Paws and Claws

Be sure to read Workology and Metronews.ca/work for our pet industry feature series Paws and Claws. Seen here is Bowie submitted by a loyal Metro reader.

Workology

Barred from Mexico

With the federal government recommending Canadians postpone non-essential travel to Mexico in light of the outbreak of H1N1 influenza, previously swine flu, Canadian post-secondary institutions are beginning to prohibit any academic-related travel to the country as well. The University of Waterloo and the University of Calgary have issued such advisories.

Canada-wide search and rescue



Sergeant Sean Calis' first official day on the job as a fulqualified search and rescue technician (SAR Tech), he and his partner got called to a plane crash in northern three people. "What a great career move I've made," Calis thought to himself that day. "I can really make a difference."

Calis, 39, grew up in London, Ont., and joined the army reserves at 16. Two years later, the army offered him a full-time job, so he dropped out of high school.

As a soldier, Calis did tours in Rwanda and Bosnia. He later finished up his high school diploma in night school,

"What a great career move I've made.I can really make a difference."

Search and rescue technician Sean Calis

picked up training and experience in everything from scuba diving to mountain climbing parachuting. (He served as a paratrooper in the Canadian Airborne Regiment until it was disbanded in 1995.)

But he was away a lot,

and that was tough on his wife and two young children. He was looking for a new career when he heard about SAR Techs from a friend.

In 1996, Calis started the year-long application process that involved submitting a resumé, going through interviews and

> fitness tests. He didn't get one of the cov

12 training spots that year. But two years later, he

made the cut and went through an intense year of paramedic and rescue training. He was first stationed in Trenton, Ont., then Comox, B.C., and is now back in Trenton. His wife, a dental hygienist, and two kids are used to the moves.

Calls come into the search and rescue location there are five across Canada and about 130 SAR Techs — at an unpredictable rate. They can get four calls a day, or less than four a week.

In the meantime, they hone their skills. "You're never done training," says Calis. Except for weekly paramedic training,

they're outside the rest of the time, practicing parachuting, scuba diving and rock climbing. SAR Techs firstly call on

their physical skills on a call. (They need to stay in top form and must retire by age 55.)

But it's also a mentally demanding job, and they

The **Lowdown**

Job title: Search and rescue technician (SAR Tech) Salary: About \$70,000 Education/training: A year of paramedic and rescue training, plus constant training through courses and on the

Best Part of the Job: "When you rescue somebody, when you do what you're trained to do, and you bring them back to their family, it's a great feeling."

Worst Part of the Job: "Getting moved a lot."

constantly problem solve to deal with issues raised by weather, visibility, temperature and equipment. "The guys I've worked with, they're all very ab-stract thinkers," says Calis. And while you'd think

things might get macho competitive there, lives are at risk. "The bravado is gone," says Calis. "It's all about the safety."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.



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Alternative medicine may work for pets too

Paws and Claws

ROBYN YOUNG for Metro Canada

When Paula Bedford first met Rainbow, the Papillon pup had a slipped disc pushing on her spinal cord, paralyzing her legs.

She'd been taken to traditional veterinarians and been treated with a variety of medications but her con-

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dition didn't improve until Bedford started acupuncture.

"I wasn't sure if she was going to respond but decided to take her home and see what we could do," said the certified veterinary

acupuncturist. "We got her fully walking in six weeks.'

Now Bedford teaches about the technique and a number of other alternative medicines for animals to her students in the Animal Health Technology program at Douglas College in Van-

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CHOICE

Bedford became interested in veterinary acupuncture after repeatedly finding herself stumped by cases like Rainbow's, where the only option left would have been expensive sur-

"Ĭt's another tool that we can use and we can combine (with traditional methods) to get another outcome," she said.

The licensed veterinarian and instructor wants her students to be aware of the variety of treatment methods out there as techniques like acupuncture gain in popularity across the coun-

"There aren't very many of us who have done the certification so it can be difficult to find someone certified and then there are people who haven't necessarily done the certification who offer acupuncture," she said.

Similar to human medicine, you have to be careful about who vou're entrusting to provide that service



Paula Bedford, licensed veterinarian, with Rainbow

for you and you should check into their credentials. she said.

The alternative medicine course Bedford teaches at Douglas College includes information about herbal medicine, homeopathy and nutraceuticals in addition to veterinary acupuncture.

and Claws exclusive series check Workology frequently or stop by:



Casey Aldridge, the boyfriend of Jamie Lynn Spears and father to her 10-month-old baby, was released from a Mississippi hospital on Friday, five days after flipping over in his pickup truck while partying with friends at a late-night bachelor party. PEOPLE.COM

New broker

FEMALEFIRST.CO.UI

Shia Labeouf is in talks to take erate young stockbroker in the ning sequel to 1987 film Wall Street, reports Variety.

Entertainment

Il Divo blends opera and pop

IAN NATHANSON for Metro Canada

Having fairly extensive training in opera and classical music, Il Divo members David Miller and Carlos Marín felt something oddly absent from the operatic pop group's fifth album, The Promise.

'We got to the end of the recording process and realized that, save for our rendi-tion of Adagio, there were no big operatic endings, American tenor David Miller tells Metro. "So we all thought, 'OK, for performance purposes, we have to find a way to give people some things that they do expect but also some things that they don't expect."

As with its previous four efforts, the quartet —Miller, Spanish baritone Marín, Swiss tenor Urs Bühler and French baritone/pop singer Sébastien Izambard draws from a wide-ranging repertoire of classical material and contemporary pop, largely chosen by the multiplatinum-selling group's creator, American Idol judge/producer Simon Cowell. Even though the four will often bring in an extensive list of song choices, Miller concedes that Cowell

has the final say.
In the case of The Promise, released this past Nochoices vary from the aforementioned Amazing Grace and Adagio, sung in English Italian respectively, Spanish interpretations of ABBA's The Winner Takes It All, Leonard Cohen's Hallelujah and, surprisingly, Frankie Goes To Hollywood's mid-'80s ballad The Power Of Love.

"I have no idea how (Simon) came through with that last one," Miller says. "Apparently, the Frankie Goes To Hollywood guys didn't want anyone to touch their material they're extremely protective in that regard. So we're very honoured to get to sing it — considering it



Since its formation in 2003, Il Divo has sold more than 22 million albums worldwide.

turned out to be the best song on this album.

Since its formation in late 2003, Il Divo has sold some 22 million albums worldwide, while members' clean-cut and impeccably handsomedressed image often make them a top concert attraction for swooning females. In 2006, along with touring as openers for Barbra Streisand, Il Divo was named the Most Multinational U.K. No.1 Album Group in that year's edition of the Guinness Book of World Records

Still, Miller and Marín are well aware that diehard classical and opera enthusiasts might frown upon Il Divo and its sodubbed "popera" as being a mere visible and aural distraction. Yet, Miller and Marin say they make no apologies for what they do.

"From the very begin-

ning, we've heard things like, 'Oh, those guys in the Armani suits, they're not real singers! They must be male models," Marín says. "But we just like to show people that we can actually sing, no matter what kind of music we do. In a way, even though we've sold 22 million albums and have millions of fans around the world, we still feel like we're an underground sen-

Box office

Estimated ticket sales for Friday through Sunday at U.S. and Canadian movie theatres:

Wolverine: \$87 million US **Ghosts of Girlfriends** Past: \$15.3 million

Obsessed: \$12.2 million 17 Again:

\$6.4 million Monsters vs. Aliens:

\$5.8 million The Soloist: \$5.6 million

Earth: \$4.2 million Fighting:

\$4.2 million Hannah Montana: The Movie: \$4 million

State of Play: \$3.7 million

REUTERS





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critics'corner—

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30 Rock" were a cartoon, it
ght look something like this
w animated sitcom. Kristin oth voices the Parker of the e, a rookie television procer. Unlike "30 Rock," hower, this series' show within the ow is a daytime talk program sted by the demanding Dee. 0 PM on 54 TROP



use and the team have to y on their toes as they treat a llerina whose lungs collapse ring a performance, especially or the treatment causes her n to start falling off. Away from hospital, House is desperate find a cure for what he thinks nsomnia in the new episode der My Skin." 8 PM on 3 GTV

rner Gas ent decides to offer self-ser at the gas station, and Lacdoes likewise at the Ruby with fet-style dining. Wanda wants win back her unofficial title as g River's "rumor queen." Hank s to unload an old computer Self-Serving." 9:31 PM on 7 V 104 CTV

14 entertainment



Eva Longoria wants to assure her fans that when she said she was planning on moving to France, she didn't mean any time soon. "That's going to happen in, like, 20 years," the Desperate Housewives star told Hollyscoop. METRO WORLD NEWS

Celebrity Buzz

Winehouse leaves hospital Halliwell to adopt?

house is out of the hospital in St Lucia having been admitted after fainting, ananova.com reports. The Grammy winner was kept in for a night for observation and was found to be dehydrated.

"She fainted at home and they took her in for observation, mainly to do with her medication to check everything was OK," said Chris Goodman, her U.K. publicist. "They told her that she was dehydrated and needed to drink more water."

Winehouse had been "running around" with a group of children before she fainted, he said. She has also been photographed horse riding on the Caribbean island.

The Back to Black singer has attracted enormous amounts of media attention with her battle against drug addiction and turbulent relationship with husband Blake Fielder-Civil as much as her musical tal-

The singer has just obtained an injunction stopping members of the paparazzi from taking photographs outside north London home. A copy of the order had been put up at property, spokesman confirmed.

METRO NEWS



Demi and Madonna connect

FRIENDSHIP Madonna and Demi Moore have a lot in common, including a devotion to the Kabbalah faith and a love of younger men. In fact, Moore, who is married to Ashton Kutcher, has been singing the praises of the singer's rumored boyfriend, Brazilian model Jesus Luz, according to the Daily Mail.

"Demi has been really supportive of Madonna in her relationship with Jesus," a source tells the

newspaper. "She knows more than anvone how great it is to date a younger guy and hopes they can make it last."

> METRO NEWS SERVICES

Comedy face-off

PEOPLE Rob Lowe won a comedy face-off with Ricky Gervais — and the British star got his revenge by shooting the actor in the eye with a dart, female-

first.co.uk reports.

The pair were joking around between takes on their forthcoming movie This Side of the Truth when the Brothers and Sisters star beat Gervais in a war of words. But The Office creator wasn't going down without a fight and

shot Lowe in the face with a dart gun to get even with

Lowe says, "I had such fun giving him hell. It was merciless. He had these amazing dart guns. We were running around just for fun and that was the only way he could get me back. He had to resort to physical violence because he couldn't take me on verbally. Only physically." METRO NEWS

SERVICES



Hilton hides behind disquise

PEOPLE Paris Hilton has bought a designer wig in a bid to fool her fans. femalefirst.co.uk reports. The socialite who was in London recently with

boyfriend Doug Reinhardt — tried to hide from the British public by splashing out on an expensive disguise from a prestigious U.K. department

She shopped at Harrods. I had to buy a wig in the salon there to disguise myself. But it didn't work — as usu-

METRO NEWS SERVICES

FAMILY Geri Halliwell wants to follow in footsteps Madonna and Angelina Jolie by adopting a child from Africa, femalefirst.co.uk reports.

The former Spice Girls star is a single mother to two-yearold daughter, Blue-bell Madonna, from her relationship with British screenwriter Sacha Gervasi.

But Halliwell who recently split from fiancé Fabrizio ance Politi, in she inwould love to expand her family by taking in an African boy or girl as there are so many children suffering in the continent.

Longoria not moving to France

She tells Britain's Red magazine, "I know it's such a cliché for a famous person to adopt a child but that wouldn't stop me. After working for the U.N., I know the AIDS epidemic in Africa has left so many children orphaned. It would be an absolute gift to be able do it."

METRO NEWS SERVICES

Madonna's appeal

LEGAL The man believed to be the biological father of Mercy, the four-year-old Malawian girl Madonna is trying to adopt, says he wants to raise her in his own culture, people.com reports.

I want to take care of her, and I'm capable of taking care of my baby," Iames Kambewa told CBS's The Early Show in an interview airing today, the same day the court will hear Madonna's appeal

of the rejected adoption. "Mercy, she is a Malawian, so (I) need her to grow as a Malawian ... with our culture," he said.

hearing Todav's in Madonna's appeal case will be led by the head of the judiciary in Malawi.

The southern African

country's High Court had previously rejected her application to adopt Mercy Chifundo James.

In his interview, Kambewa tells The Early Show that he's never met his daughter and has only















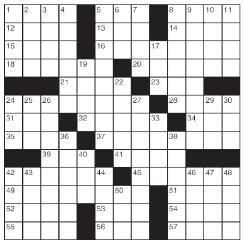


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entertainment 15

Take Five

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Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	6		5		2		9	
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	9		6	8	4		7	
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	7		1	2	3		5	
		8	2		5	9		
6								2
	5		3		8		4	

Crossword across

- 1 Cushions 5 Insecticide letters
- 8 Cooking fat 12 Cast-of-thousands
- movie
- 13 Blackbird
- 14 Medley
- 15 New Age musician John
- 16 Seek votes
- 18 But
- 20 Firstborn
- 21 Baseball legend Willie
- 23 Longing 24 Showy white flower
- 28 Appointment 31 Sapporo sash 32 Blunder

- 34 Ball prop 35 React in horror
- 39 Aye opposer

- 49 Victoria's Secret buy
- 51 "- Karenina"

Crossword down

- 2 Pinnacle
- 3 Frisbee, e.g. 4 Plot

- 9 Estrange
- come
- 11 "Cut it out!"
- 17 Thickness
- 24 Gear tooth

- 37 "Gentle on My Mind"
- 41 Untrustworthy sort
- 42 Slept soundly?
- 45 Monkey in a lab, maybe
- 52 "So be it"
- 53 Scratch
- 54 Drunkards
- 55 Titanic thwarter
- 56 Type squares
- 57 Pairs

- 1 Folk singer Seeger
- 5 Long-short-short, in poetic meter
- "CSI" evidence
- 7 Occasion
- 8 Fraudulent, as dice
- 10 Predetermines the out-

- 19 Tropical tree
- 22 Twine fibre

- 25 Lawyers' org. 26 Incorrect term
- 27 Fans
- 29 Aviv preceder 30 Slithery swimmer
- 33 Colorful fish
- 36 Removing rind 38 Item in a KFC bucket
- 40 "Of course" 42 Wound cover
- 43 Appellation
- 44 Capitol cap 46 Winter forecast
- 47 "Do others ... 48 Back talk
- 50 Felonious flight

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

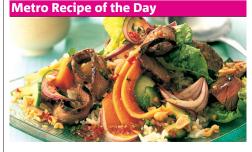
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1	5	9	3	4	7	2	6	8
3	8	7	2	6	1	5	9	4
4	6	2	9	5	8	3	7	1

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME	:
Under 13 min	Gen
13-17 min	Scho

OOKU SOLVE TIME:		17-21 min	Smart
der 13 min	Genius	21-25 min	Not bad
17 min	Scholar	25+ min	Keep practising



Thai Beef with Papaya and Rice

INGREDIENTS

2 thick-cut lean sirloin steaks

1 1/4 cups (300 ml) jasmine rice

5 cups (1.25 l) chicken stock 4 kaffir lime leaves, crushed

2 tsp (10 ml) canola oil 2 firm, ripe papayas, peeled, seeded and sliced 1/2 small cucumber, halved lengthwise, seeded and sliced crosswise 20 mint leaves, shredded

1/4 cup (50 ml) chopped cilantro 1 red onion, thinly sliced 1 romaine lettuce, leaves

separated THAI LIME DRESSING:

1 1/2 tbsp (20 ml) canola oil 1 1/2 tbsp (20 ml) fish sauce 1 1/2 tbsp (20 ml) soy sauce 1 tbsp (15 ml) honey grated zest, juice of 1 lime 1 chili pepper, seeded and finely chopped

2 garlic cloves, crushed TO SERVE: roughly chopped unsalted roasted peanuts METHOD

1. For dressing, mix ingredients together in small bowl. Spoon 1/4 cup (50 ml) dressing over the steaks and marinate for 20

minutes. Reserve remaining dressing.
2. Put rice in pot with stock and lime leaves. Bring to boil, then cover and simmer 10 minutes, or according to package instructions. 3. Pat steaks dry with paper towels. Heat cast-iron frying pan over high heat. Brush with oil, then add steaks and cook for 2 1/2 minutes per side for rare, longer for medium or welldone. Remove steaks from pan and let rest.

4. Place papayas, cucumber, mint, coriander and red onion in bowl. Add all but 1 1/2 tbsp (20 ml) remaining dressing; toss gently to mix. 5. Drain rice well and divide among four plates. Arrange lettuce leaves on plates and top with papaya salad. Slice beef into strips, arrange on top of salad and spoon remaining dressing over top. Sprinkle with peanuts, then serve at room temperature.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on



Horoscopes

ARIES

MARCH 21-APRIL 20 Meaningful questions will give someone's game plan away.

You should complain when expenses mount. Someone is doing something wrong.

LIBRA SEPT 23-OCT 23

(≏) Don't invest in a liar's scheme. Make the first move to improve your luck. Uncertainty can lead to satisfaction in unexpected ways.

TAURUS APRIL 21-MAY 21

Your overindulgence doesn't interest everyone. Bad manners will get on your nerves. Punitive action will be beneficial

SCORPIO OCT 24-NOV 22

Money is recovered from a relative. A demanding sweetheart wants investment advice. You aren't interested in pleasing people.

GEMINI

MAY 22-JUNE 21 A change of location ends an unhappy affair. A disturbed person's friendship is reward-ing. Ask a loud man to be dis-

SAGITTARIUS

NOV 23-DEC 21 Sometimes desperate measures must be taken. A care-giver deals with a loss of power. Do something special about a par-

CANCER

JUNE 22-JULY 22 Pamper yourself and get more sleep. Strangers will grab some attention. An unreliable genius

has a surprise.

CAPRICORN DEC 22-IAN 20

A photograph is more impor tant than ever. Don't let a blab-bermouth go too far. A loser's arrogance provokes a threat.

LEO JULY 23-AUG 23

A friend's act of kindness has an impact. An unstable man is looking at your financial state. Show interest when somebody is complaining.

AQUARIUS

JAN 21-FEB 18
Wanderlust causes a chaotic adventure. Nobody will know what to do. An injustice arises when a rebel arrives

VIRGO

AUG 24-SEPT 22 Avaricious people are wearing you down. A regular guy has problems with jumping the gun. A friend with medical problems causes delays.

AVATAR VENUS

PISCES

FEB 19-MARCH 20

A nonconformist can't be stopped in time. A despicable person obliviously scampers along. You won't have to practise emotional restraint.







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